



Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	534	David Pestana	Bombeiros Voluntários de Mêda	Male	1	M40	1	01:38:58	5'29"/km
2	517	Nelson Videira	Individual	Male	2	MSenior	1	01:41:15	5'37"/km
3	539	Mário Santos	Individual	Male	3	M40	2	01:43:40	5'45"/km
4	522	Pedro Simões Ferreira	Individual	Male	4	MSub23	1	01:54:09	6'20"/km
5	556	João Verissimo	ARCD Venda da Luisa	Male	5	MSenior	2	01:55:09	6'23"/km
6	544	Carlos Farias	Guarda Runners	Male	6	M40	3	01:57:55	6'33"/km
7	500	Vasco Lucas	Guarda Runners	Male	7	MSenior	3	02:00:47	6'42"/km
8	543	Frederico Gonçalves	Individual	Male	8	MSenior	4	02:01:25	6'44"/km
9	514	Pedro Luzio	Individual	Male	9	M40	4	02:01:52	6'46"/km
10	528	Jorge Taborda	Trail Team Vila de Mouros	Male	10	MSenior	5	02:04:21	6'54"/km
11	538	Francisco Barros	Individual	Male	11	M40	5	02:08:04	7'06"/km
12	519	Jéssica Alexandra Dias Correia	ARCD Venda da Luisa	Female	1	FSenior	1	02:08:07	7'07"/km
13	540	Vera Bernardo	ARCD Venda da Luisa	Female	2	F40	1	02:08:07	7'07"/km
14	505	Paulo Couto	Individual	Male	12	M50	1	02:10:44	7'15"/km
15	810	Luís Miguel Lourenço	Grupo Desportivo da Mata	Male	13	MSenior	6	02:10:49	7'16"/km
16	555	Rui Manuel Tome	Individual	Male	14	M50	2	02:11:33	7'18"/km
17	502	André Santos	Clube Terras do Falcão	Male	15	MSenior	7	02:11:59	7'19"/km
18	510	Tiago Ferreira	Clube de Montanhismo da Guarda	Male	16	MSenior	8	02:12:46	7'22"/km
19	503	Anabela Monteiro	Clube Terras do Falcão	Female	3	FSenior	2	02:15:20	7'31"/km
20	533	Carlos Simão	Grupo Desportivo da Mata	Male	17	M60	1	02:16:00	7'33"/km
21	511	Ricardo Jorge Gomes Dos Santos	GDMATA	Male	18	MSenior	9	02:16:45	7'35"/km
22	542	Pedro Mendes	Nocturnos de Paredes	Male	19	MSenior	10	02:19:40	7'45"/km
23	518	Sérgio Caetano	ADFA-Desportos de Natureza	Male	20	MSenior	11	02:19:43	7'45"/km
24	530	José Luís Ribeiro Ramalho Santos	Individual	Male	21	M50	3	02:23:10	7'57"/km
25	515	Carlos Manuel Monteiro Pereira	CDCF ASA	Male	22	MSenior	12	02:24:30	8'01"/km
26	527	João Saraiva	Grupo Desportivo da Mata	Male	23	M50	4	02:25:09	8'03"/km
27	501	Tiago Miguel Batista Gaspar	Penta Clube da Covilhã/Sport Hotel Trail Running Team	Male	24	M40	6	02:25:25	8'04"/km
28	507	Fernando Manuel Neves Dos Santos	Clube Desportivo Da Mata	Male	25	M60	2	02:26:36	8'08"/km
29	529	Vanessa Almeida	GDMêda	Female	4	F40	2	02:26:44	8'09"/km
30	535	André Lourenço	Grupo Desportivo da Mata	Male	26	MSenior	13	02:27:24	8'11"/km
31	506	António Esteves	Individual	Male	27	M40	7	02:27:41	8'12"/km
32	526	Honorio Goncalves Hau	Individual	Male	28	M40	8	02:29:27	8'18"/km
33	504	Delphine Cambolin	Individual	Female	5	F50	1	02:29:51	8'19"/km
34	545	Liliane Vaz	ARCD Venda da Luisa	Female	6	FSenior	3	02:30:01	8'20"/km
35	532	Ana Morais	Falcões do Côa - Pinhel	Female	7	F40	3	02:32:25	8'28"/km
36	554	João Gonçalves	Individual	Male	29	MSenior	14	02:34:55	8'36"/km
37	537	Rui Miguel Afonso Caçote	Individual	Male	30	MSenior	15	02:37:55	8'46"/km
38	509	Eduardo Bárbara	ADM Trail Team	Male	31	MSenior	16	02:39:40	8'52"/km
39	508	Ricardo Veiga	Obikwelus da Guarda	Male	32	M40	9	02:39:42	8'52"/km
40	512	Corry Van Huisseling	Trail Team Vila de Mouros	Male	33	M50	5	02:42:39	9'02"/km
41	513	Marije Hesper	Trail Team Vila de Mouros	Female	8	F50	2	02:42:53	9'03"/km
42	546	Ivo Neto	ADFA-Desportos de Natureza	Male	34	MSenior	17	02:46:09	9'13"/km
43	547	María Soledad Martín Corchete	Correlindes	Female	9	F50	3	02:49:15	9'24"/km
44	524	Dulce Leal	Grupo Desportivo da Mata	Female	10	F40	4	02:59:54	9'59"/km
45	520	Nélio Marques	ADM Trail Team	Male	35	M40	10	03:01:09	10'03"/km
46	531	Orlando Ventura	Individual	Male	36	M40	11	03:01:09	10'03"/km
47	523	Fernando Santos	Guarda Runners	Male	37	M50	6	03:01:09	10'03"/km