

Pos	Dorsal	Nome	Equipa	Sexo	Pos	Cat	Pos	Tempo	Ritmo
1	231	David Pestana	Bombeiros de Mêda	Male	1	M40	1	01:45:52	5'17"/Km
2	2	Vera Bernardo	ACRD VENDA DA LUÍSA	Female	1	F40	1	01:59:34	5'58"/Km
3	236	Rui Pedro	Grupo de Convívio e Amizade nas Donas	Male	2	M40	2	02:09:41	6'29"/Km
4	238	Tiago Dinis Afonso	CCDR Colmeal da Torre/Visit Belmonte/Starmodular	Male	3	MS23	1	02:10:18	6'30"/Km
5	223	Frederico Matos	AD Manteigas Trail Team	Male	4	M40	3	02:12:26	6'37"/Km
6	428	Edgar Almeida	Individual	Male	5	MSenior	1	02:12:41	6'38"/Km
7	208	Pedro Miguel Fernandes Silva	Individual	Male	6	MSenior	2	02:14:34	6'43"/Km
8	220	Ricardo Ramos	Individual	Male	7	M40	4	02:20:03	7'00"/Km
9	230	Nuno Alexandre Gonçalves Da Silva	S.C. Povoense - Caracóis de Corrida	Male	8	M40	5	02:23:40	7'11"/Km
10	229	Ruben Venâncio	Penta Clube da Covilhã/Sport Hotel Trail Running Team	Male	9	MSenior	3	02:25:39	7'16"/Km
11	200	Paulo Jorge	Individual	Male	10	M50	1	02:25:40	7'17"/Km
12	221	Rui Pedro Guerra	Individual	Male	11	M40	6	02:25:41	7'17"/Km
13	235	Carlos Jorge Rodrigues Da Rocha	Fitness Lafões Club	Male	12	M40	7	02:27:58	7'23"/Km
14	222	Olivério Marques	Individual	Male	13	M40	8	02:31:25	7'34"/Km
15	228	Manuel João Monteiro	Individual	Male	14	M40	9	02:32:55	7'38"/Km
16	219	Paulo Costa	Trilhados - ACD Santiago	Male	15	M50	2	02:35:42	7'47"/Km
17	234	Orlando Ventura	Falcoes do cõa	Male	16	M40	10	02:38:59	7'56"/Km
18	203	Luís Veloso	Individual	Male	17	M50	3	02:40:42	8'02"/Km
19	206	Carlos Pires	Individual	Male	18	M40	11	02:40:43	8'02"/Km
20	28	Sérgio Caetano	EU TU E A MONTANHA	Male	19	M40	12	02:41:26	8'04"/Km
21	237	Carlos Pereira	Falcoes do cõa	Male	20	M40	13	02:43:07	8'09"/Km
22	224	Marco Rodrigues	Associação Desportiva do Fundão	Male	21	MS23	2	02:44:27	8'13"/Km
23	232	Filipa Pereira	Carvalhais FC Runners	Female	2	FSenior	1	02:48:06	8'24"/Km
24	240	Ana Silvano	EU TU E A MONTANHA	Female	3	FSenior	2	02:50:34	8'31"/Km
25	202	Ana Sofia Pardalejo	Healthylife Runners	Female	4	F40	2	02:54:37	8'43"/Km
26	227	Carlos Alves	Individual	Male	22	M40	14	02:57:38	8'52"/Km
27	243	Jorge Fonseca		Male	23	MSenior	4	03:01:41	9'05"/Km
28	241	António Esteves		Male	24	M40	15	03:01:47	9'05"/Km
29	201	Maisa Marques	Individual	Female	5	F40	3	03:07:07	9'21"/Km
30	215	Manuela Gonçalves	Clube Montanhismo da Guarda	Female	6	F50	1	03:07:13	9'21"/Km
31	217	Mariana Pereira Cabral	Individual	Female	7	FS23	1	03:07:13	9'21"/Km
32	210	Luís Carlos Pereira Pinto	Individual	Male	25	MSenior	5	03:08:35	9'25"/Km
33	425	Ana Moraes	FALCÕES DO CÕA - PINHEL TRAIL	Female	8	F40	4	03:13:24	9'40"/Km
34	239	Dulce Tomaz	Clube - Grupo desportivo da mata	Female	9	F50	2	03:26:20	10'19"/Km
35	226	Maria José David Pinto	Grupo BTT de Manteigas	Female	10	F50	3	03:26:20	10'19"/Km
36	225	António José Gaspar Correia	Grupo BTT de Manteigas	Male	26	M50	4	03:26:22	10'19"/Km
37	242	Denise Sene		Female	11	F60	1	04:21:00	13'03"/Km